

#### Advisory Board Report 2015-2016

The primary goal of the grant (Intergenerational Exchanges and Marital Relationships) was to present data at national conferences in order to enhance and expedite the research process. Key to effective collaboration for the two datasets I use, (Family Exchange Study and the data I collected here on the York campus) is periodic in-person meetings with collaborators. These data rely on complex statistical procedures to account for the interdependence of family relationships and in-person meetings are key to completing the research. These research meetings are planned to coordinate with the two major conferences at which the data are presented, the National Council on Family Relations and the Gerontological Society of America conferences. Three conference proposals were submitted to these conferences and research meetings were held at these conferences.

From the three conference proposals, two manuscripts were developed to focus on the moderating effect spouses' beliefs about family relationships has on the amount of support given to and received from parents on the partner's perceptions of marital quality using a the Actor Partner Interdependence Model. Both of these manuscripts have been accepted by high quality peer reviewed journals. The third manuscript explored the cross partner effects of depressive symptoms, support and worrying about adult children on sleep quality for husbands and wives. This manuscript is currently under review at a high quality peer reviewed journal.

Also, at these meetings, I was able to brain storm ideas for the current proposals under review at these conferences and manuscripts in preparation. Attending the meetings were very productive and the Advisory Board grant was critical to moving the research and writing process along in an efficient manner.